



# SHAPE YOUR WORLD

**JULY 15-17, 2016**

**8512 20TH AVE NE  
SEATTLE, WA**

**TWO CRANES INSTITUTE**

## **Leadership Intensive** with Susan Adams & Sara Gerhart Snell

**Dare to Begin!** Experience and alter the patterns of your life through a real time simulation. Using the Samurai Game<sup>®</sup>, we will navigate and reshape personal patterns in a dynamic and safe environment. This workshop invites you to engage with a game of chance or a challenge of champions to learn a new skill. Imagine yourself in a different place and time. Will you be a village storyteller, a samurai swordsman, a messenger delivering vital information to your team? This workshop will benefit anyone wishing to experience and understand the power of collaboration, integrity and focus in situations marked by uncertainty and rapid change.



**Susan Adams** is a black belt in aikido, Certified Samurai Game Facilitator and CEO of Washington Water Trust. Susan brings 20 years of experience in leadership, systems design, change management and integrated movement practice helping individuals and teams strengthen critical relationships and navigate skillfully under pressure.



**Sara Gerhart Snell** is a 4th degree black belt in aikido, Certified Samurai Game Facilitator and Director of Youth Programs at Two Cranes Aikido since 2008. Sara brings 18 years of experience training, leading and teaching adults and youth the somatic practice of aikido, helping individuals to develop their awareness, courage and self confidence.

**\$300 per person**  
*Advance registration required*

**Fri. 6:30 pm - 8:30 pm**  
**Sat. 12:30 pm - 7:00 pm**  
**Sun. 10:00 am - 1:00 pm**

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